Facsimile of Front Page of our new Release

A DAILY AID TO TUNE INTO
THE 1961 MONTHLY RETREATS
or
DESCRIPTIONS
OF TEN ASCENDED MASTER RETREATS
With Pictures of Their Hierarchs
For the use of
SANCTUARY DIRECTORS,
GROUP LEADERS AND STUDENTS

Presented by Thomas Printz
(The Ascended Master El Morya)

The Bridge to Freedom, Inc.
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PRICE $2.00

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **FEBRUARY 15, 1961** **No. 11**

TEMPLE OF GOD'S WILL

At Darjeeling, India

(The Ascended Master Retreat of the Month)

February 15th through March 14th, 1961

FOR INFORMATION AND DESCRIPTION

of the above Ascended Master Retreat, please see the booklet **A Daily Aid to Tune into the 1961 Monthly Retreats,** with Pictures of Their Hierarchs, for the use of Sanctuary Directors, Group Leaders and Students, recently released by The Bridge to Freedom, Inc.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF FEBRUARY 18, 1961

1 2 3 4 5 6 7 8

"I AM" inbreathing from Beloved Morya His Under standing of doing God's Will
"I AM" absorbing from Beloved Morya His Under standing of doing God's Will
"I AM" expanding from Beloved Morya His Under standing of doing God's Will
"I AM" projecting from Beloved Morya His Under standing of doing God's Will

WORLD BROTHERHOOD

World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual—to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

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YOU HAVE A PERMANENT SEAT IN EL MORYA'S TEMPLE

Letter to the Flame Class of February 18, 1961

Beloved Friends of My Heart:

I love you! All of Heaven loves you! You have learned, and so well, that opening your consciousness to God's Holy Will does, indeed, bring you personal happiness and adds to the light of the world. As you are privileged, again, to visit the Temple of God's Holy Will, guarded by the beloved Chohan, El Morya, accept into your inner vehicles with more than ordinary endeavor, the Truth that the Will of God is really GOOD.

Your Gracious Gentlemen Sponsors, assigned to you by My Son, El Morya, will assist you, as you call Them into your aura, waking or sleeping, day or night. You are so familiar with the Temple of God's Will and have been so often the guest of the Gracious El Morya, that it is easy for you to walk up the steps of His Marble Palace and through the open doors, turning to the right to the Flame Room, wherein, in glorious Royal Purple, the Flame of God's Will for men is sustained by the Brotherhood at Darjeeling.

You have now a permanent seat of honor in the Flame Room, upon which is written your inner name, and all through 1961, you can-through projected consciousness-take your seat of honor and listen to, absorb, cognize the Holy Will of God. Then, when you have absorbed enough of That Essence, particularly in your feelings, carry that joyous energy back into the orbit of your own world and let that FEELING radiate out through you for the blessing of all in your vicinity. Thus you are a messenger of Our Temple of God's Will, even though you speak not a word.

Love and blessings

MAHA CHOHAN

ASCENDED MASTER EL MORYA
Hierach of The Temple of God's Will
and Chohan, or Director, of the First Ray

HOW THE MASTER PREPARES YOU TO WORK WITH ANOTHER LIFESTREAM

An Address by the Ascended Master El Morya

BLESSED ones, in the development of a positive radiation you must work for it. Everybody likes a **comfortable** religion; certainly that is why the Earth is in the condition it is. Everybody likes peace, everybody wants some other being to **carry them out of distress.** Now here you have the razor's edge! Do you think Lord Buddha was comfortable when He got up from the couch leaving His wife; then He walked out of the palace of His father and left His son? Do you think He was comfortable when He walked the dusty roads of India with a begging bowl and had to take from door to door those few scraps that were thrown to Him?

Remember the Buddha

Have you ever tried to sit in the Buddha posture with nothing to sustain your spine but it's own light for seven years? Have you done it for an hour? Do you think He had comfort when there was no food, no disciples, when the fiends in the astral and psychic realm presented themselves, and every test of maya blew upon His soul, and He wondered in God's Name, "Why didn't I stay home" and "Why did I not teach My people from the authority of the ruler's seat"? Do you think He was comfortable when He entered into those various realms of Light and saw the perfection that was there and yet refused to stay, pushing onward that soul, onward and upward, upward! upward! until He stood in the Presence of Eternity?

Do you think there was a sense of comfort after achieving the ultimate, the Mount of Attainment, the pinnacle of success, and then to RENOUNCE Nirvana and come back, back, back into a body that was very emaciated due to His long period of Samadhi; a body in which He had to again draw those vital forces

and then walk the ways of men? What did He do? He disciplined Himself as every great Being Who loves mankind enough has disciplined Himself - but He asks no discipline of others!

THERE YOU HAVE THE KEY! To those who are going to carry this Light the length and breadth of every land, the discipline of self and the giving of comfort to others! When Lord Buddha's Light shown, when people touched the hem of His garment, when they felt the sweet essence of His Presence (and I know for I was there) the heart rushed forth and said, 'Oh, Lord, what may we do to become as Thou art?' Then came the eight great steps, then came the teaching to those who asked, and they asked because He had the fullness of ecstasy and bliss - but HE HAD EARNED - earned it through a discipline that mankind does not see for many an age.

Think of Moses

Think you not that Moses went through a discipline? Think of that Man, a Man Who was timid in himself, and yet was called of the Lord to take a great people across the trackless wastes and through a burning desert and across a sea over which there was no bridge, no pontoon, no possible pathway but faith! And He answered that call! He walked with men and women who spat upon Him when they felt the burning heat of the desert and when they knew no water, and when they saw the surging tides of the sea, behind them the great might of the Egyptian army - and curses descended upon Him. Yet He knew if He were to become discouraged at that moment, or resentful, all would be lost! There He stood with the sea before Him, the Egyptian army behind Him and a reluctant people that He was endeavoring to save surging around Him, thousands of them! In the discipline of God, holding His attention on the Presence, He carried them across that sea on the **beam of His own Faith** and through the desert. Then in the short span when He mounted Sinai and left them for a moment, BACK they went to the idols and the flesh pots of the earth!

The discipline of Holy Mary

There was discipline in that lifestream; there is discipline of the self in any great leader. Think you there was not discipline of the life of the Holy Mother of Jesus! Seldom has a woman experienced the disciplines of that lifestream. Taken from Her home before the birth of Her child; bringing Him forth in a strange country; wakened when She felt all was not safe and secure and caused to cross the desert with that infant Child - hoping, HOPING always that this Light, this vision of the Messiah, Those Angel voices and those glorious Beings were real! Taking that infant to the doors of Luxor, letting go that hand, remaining on the outskirts in prayer until He returned. Was it not a discipline to stand on Golgatha's hillside beneath a bleeding cross and not for once in three hours to take Her attention from the very body that She had borne and the spirit of Her Son. Was it not a discipline on the part of that Son, in the height of His youth, prime and mastery to lay that body down!

Beloved ones, there is a discipline that is born of love in the heart, love for mankind at large that enables some to take upon themselves certain steps which develop the inner nature. Then in example, in radiant light, to become a magnet so that mankind will say: "What you are, I would be, what you have I would like, what you desire I would become". Then to those men and women who ASK, put a positive and encouraging presentation of the law. The "thou shalt not" stir the animal in man. Take the "THOU SHALT", thou shalt sublimate the passions of thy body to illumine the mind. Thou shalt rise above the desire of making thy body a sepulcher for the dead beast. Thou shalt take into thy body new life, new light through the natural herb and produce - THOU SHALT - pointing out the good and showing the pathway UP is the pathway of Light and not making of discipline a lash. I KNOW for I learned the hard way.

A trip to meet Lord Himalaya

I was thinking about it - Kuthumi and I were laughing about it as We remembered back many centuries ago. I had been a warrior and a soldier for many ages, and I must admit I had a tremendous spiritual pride in my capacity to follow through - through at all costs to God, man, anything that was in My path. Finally in the traveling of our souls through embodiment after embodiment, We came to a point where Our Lord Maha Chohan began to look upon Us as a possible TEAM, and I think He had the founding of the Theosophical movement in mind.

One day He called Us before Him and said: "Brothers, I have a little excursion for you, just a period of relaxation for you have worked so hard on your own individual discipline that I am going to send you on a beautiful trip to find the Retreat of Lord Himalaya together". Oh! We were so happy - happy you know like children obeying!

We started out in Kashmir, in the Vales of Kashmir where the sea is blue. Ah, children that country is magnificent! The green slopes running down to the water, the most magnificent bird songs, the Kashmir weavers. It is a beautiful land, the land of peace, the land that belonged to My Kuthumi. We sat and talked together and planned Our little trip. We thought We had better get started early because of the heavy snows in the mountains. He said: "You be in charge of the sleeping gear and the path, and I will be in charge of the food and the prayer". We thought that would be just fine. I will never forget the morning that We left - to Us it was an outing, an excursion. We had no path, you know, no one told us WHERE this Retreat would be, except the compass of our hearts - but - We had the mission given to Us by Our Lord Maha Chohan!

Disappearance of Kuthumi

The very first day we started out, I was well in the lead, bold and happy, heading for the first passes. I looked back and no Kuthumi! I sat down for a little while and practiced a meditation that I had because I was to be the compass of this trip. No Kuthumi - the day was pretty nearly spent. Finally I walked back down the path, and I went with not the most patience in the world. There He was sitting looking at a flower. I said: "Where have you been?" "Look; He said: "Look, I want you to see the process of this flower as it is closing. I watched as it opened under the light of the Sun and there is a drop of dew in the center of it." I didn't say a thing! And I didn't look at the flower either! Then I said: "When do we eat!" He was so sweet, you never knew anybody so sweet - never was there in all our centuries together any impatience in that boy. I love Him - LOVE HIM AS MY LIFE! I tell you this story merely to show you how life prepares you when you are going to serve in a harness with another lifestream.

Finally, I think we had some food and slept under the stars. I admit I didn't bother with any sleeping gear. I thought if He can look at a flower all day, He can sleep on his back and look at the sky! The last thing I saw as I went to sleep was the face of the Maha Chohan. I said to Him: "Excursion! Hah! This is play time!" And I began to realize that this was no ordinary vacation. Just a ghost of a smile came in His eyes and His face faded out and I fell asleep.

The meeting with Lord Himalaya

Next morning, Kuthumi was up before Me. We were going to be all set that day! But that is the way We proceeded, dear hearts, every bird that sang, every fern that grew, every rock had something under it. Then if there was nothing on the path, He would be hearing the Music of the Spheres. Sometimes We

seemed to be going BACKWARDS instead of forward, and every night as I retired, the Face of the Maha Chohan!

Then We got into the high country, most of you are not familiar with the path of Tibet. In this high country one must be very alert for the paths are narrow and the ravines are steep. I would be talking with Him perfectly at peace - He would be gone in the snow! No trace of Him at all. I would go back and dig Him out of some drifts. And do you know He was never hurt, He never fell off - He just disappeared. We finally went to a cave and I said: "Look, We will never find Himalaya unless You buckle down", and He smiled - and He smiled - He had that beautiful smile and that exquisite golden hair - a most magnificent Being. He said: "We will find Him." And We did. We found Him - yes - BUT I COULDN'T HEAR A WORD HE SAID: Kuthumi remembered everything that happened. I couldn't hear a thing - I think I didn't even remember the outline of His body.

An answer given after 500 years

All the way down that path and back to the Maha Chohan's Retreat I pondered deeply. When We got home, the beloved Maha Chohan was smiling. He said: "You are both wiser men." And WE WERE! He said: "I have a great work for you in the future - together!" I said: "No! No!" He said: "Of course, think it over". "It is voluntary but you would be such a marvelous complement one to the other". And I did think it ower for five hundred years!

All these experiences, dear hearts, are not lightly passed. I remember the day I returned to the Maha Chohan's Presence and I said: "I have thought it over. I shall consider it an honor, an opportunity to render what service You great Master think right".

And so We worked and served together and DO SO STILL. Yet, even now He enjoys the Music of the Spheres and the song

of the bird. Even now the fate of nations and the discipline of the chelas is not appealing to Him. We found Our place, and He has found, I hope, in Me a Friend, and I have found in Him more than a Brother - I found in Him the sweetness, the sweetness of the Holy Spirit that I needed so much Myself.

Persevere unto the end

So it is with you, beloved ones, life's experiences may seem trying, but one day you will stand before Our Lord Maha Chohan, one day you will thank Him for whatever excursion you are presently upon. PERSEVERE UNTO THE END, and in that perseverance you will have victory and great opportunity. Little did I know as I struggled through that deep snow of that which lay ahead in the shimmering folds of akasha as a **possibility** if I did not throw them over the cliff enroute. I thank God and the powers of Light that I was able to persevere.

Now, much as the Maha Chohan wanted Us to reach the Retreat of Himalaya and receive His instruction, Himalaya did not take **one step** out of that Retreat to meet us. Even when We climbed on the face of that last glacier and I'm telling you it was completely smooth, He waited until we reached the APEX OF HIS CONSCIOUSNESS and then we were given the benefit of His radiation. I, unfortunately, did not receive it, but at least I made the effort and built something of endurance into Myself.

Watch the newspapers to render service anywhere

You can carry your group through projected consciousness to the various points on the Earth where assistance is needed. When you hear over the radio or from your newspaper of such a requirement, have certain members of your group ready to respond at a moment's notice and through projected consciousness render the service. There is opportunity every day and the opportunities are going to become greater, if you have some selected

trained people who can be called if necessary at a given moment, and then through projected consciousness enter any specific theater of world crisis. It is a marvelous thing to have a trained group that knows how to release energy and are willing to give of themselves at a moments notice, ready to project their consciousness to any point on the Earth's surface where distress may be. Get yourselves an atlas and a knowledge of geography and learn where these points on the Earth's surface are ahead of time.

Some spirits do not like restrictions and I am One of them. How I ever got Godfree, only through the mercy of Kwan Yin and the kindness of God Himself! So I feel for you who have rebellious spirits, you who do not like change, I can feel for you. I walked that way. I had to learn the Law of Love and balance and submission until one day - mind - I received the honor of becoming the Representative of the Will of God - the greatest SURRENDER in the world, you know - the greatest surrender; for I was I think, the greatest trial to the Beloved Maha Chohan and the Host of Heaven. Because of that, I want to make it right THROUGH YOU and to the Earth and to the King of all Kings!

Lovely friends, when your path is hard, when your associations are trying, remember ME and know that I tell you in truth that EVERY EXPERIENCE BRINGS GOLD TO THE SOUL WHO IS WISE! And remember, always by your side I stand, reminding you that you have said you are My Friend of Light, and My Cause becomes an EFFECT **through you!** For your friendship, your cooperation, your loving selves I thank you. When I return to the Maha Chohan I can tell Him I did not frighten you unduly but that We had a **happy** time together, for that is the harvest I am always told to bring home.

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Vol. IX **FEBRUARY 15, 1961** **No. 11**

HOW TO CENTER YOUR CONSCIOUSNESS IN THE THREE-FOLD FLAME IN YOUR HEART

An Address by Lord Vulcan

A primary factor in the study of the evolution of man and the mastery to be attained by each lifestream lies in a clear presentation of the centre or focal point of the individual consciousness.

The human consciousness, you have been told, is a conglomerate mass of thought and feeling and represents in essence a great cloud held together by a magnetic force within the center of that mass of moving energy. The heart center represents the intelligent thinking and feeling point of consciousness and the area from the center to the circumference is the aura of radiation of that heart center of the individual's outer personality.

The Four Lower Bodies

In studying the four lower bodies as the **contributing factors** to the consciousness and as the "qualifiers" of tons of God Energy, we see that the central point of consciousness is in constant motion, functioning in one or more of the four lower bodies and is like a basket ball tossed by the players in the course of the game. The individual thus functions from the heart of the emotional body, or the mental, or the etheric, or the physical, moving like the pendulum of a clock from one to the other, according to the particular experience and pressure and the wile of the body which tries to secure for the moment the prize.

The body which secures the center of consciousness is highly energized during the time when that focus is within it, and, therefore, the lower bodies seek and fight with each other to secure the center of the individual consciousness through fair means or foul. This is a completely fatal condition for the progress of the lifestream, because an individual whose central balance is constantly shifted to the authority of his lower bodies is a prey to his emotional outbreaks, his etheric memories, etc.

The Grail is whithin the heart

The Grail provided for the focus of each lifestream's consciousness is within the heart and when the individual attains mastery he holds his consciousness **within** the Three-fold Flame in his heart where perfect balance rules all his outer activities and where the Light Ray from his Preesnce forms a direct line of communication, inspiration and direction, which is much more easily received from the Secret Place of the Most High. If, however, any set of circumstances can throw the consciousness to the mercy of the emotional, mental, etheric or physical bodies, the direct communication between the soul and the Spirit is broken.

You have read, perhaps, and seen in pictures how a boat in distress will be circled either by a plane or a rescuing vessel, but the turbulent sea between would not allow the life line or the connecting link to unite the two. It is in the same manner that the Higher Self, during the times of emergency, has to throw his line of force into the battling sea of the lower bodies, hoping to catch the consciousness in its rapid progress from one to tthe other.

Most people are completely at the mercy of the lower bodies and find themselves functioning in an emotional frenzy or a mental battle, completely unaware that they have slipped from their moorings.

Senile people and ageing lifestreams often slip into the etheric body and their consciousness remains there until their passing and thus they enjoy re-living the scenes of yesterday.

Your open doors

Your four lower bodies are like four rooms through which your consciousness reaches into the physical appearance world for certain defined effects:

a) through the **emotional body** it should absorb the qualities and feelings of the Presence and radiate them;

b) thus through the **mental body** the consciousness absorbs knowledge receives instruction from the Presence and gives it forth;

c) the **etheric body** should be a storehouse of all the Divine memories of the past and should be used as a library;

d) and the **physical body** should be a vessel through which contact could be made with the Three Dimensional Plane.

All these bodies, however, should be **Open Doors** through which the consciousness works, maintaining its anchorage **always** within the constantly flowing stream of energy in the heart.

The purpose of stilling yourself

You will find upon contemplation and observing yourselves how illusive is the center of consciousness and how quickly it slips from one to the other of your bodies before you are even conscious of it. **The purpose of stilling one self is manifold,** but one particular activity is to draw the consciousness back into the Secret Chamber of the heart and then to function from **within the Light Ray** at all times. Even the mental contemplation of this gives you a feeling of poise, mastery and detachment. You will always have a direct line of communication from Headquarters and you will not release energy unkindly because from the Fountain of the Secred Water of Life within your heart there can go no unkind emanation.

It is only when the heart center of consciousness energizes one or more of the lower bodies that they seize upon the Creative Principle and dishonor God's Name by sending it forth im-

perfectly. If these lower bodies cannot get the heart center of your consciousness **they have no independent authority** and **they know this.** Here you have one of the most powerful ways to mastery if you will contemplate it.

All the accumulation in your four lower bodies **could not act** and could be purified and consumed without struggle, **IF** the center of the intelligent consciousness of the outer self could be hidden in the Heart of the Presence and not allowed to be coaxed forth by any external tying it to the caprices of any one of the four lower bodies.

Being directly concerned with drawing the Consciousness into the Three-fold Flame in your heart, you will find your bodies straight, your sense of struggle greatly diminished and you will have an alert, calm poise that should amaze you in your forward progress.

I thank you for this opportunity to make your acquaintance and visit with you and I offer you, on the ever-expanding altar of your endeavors to become the Ascended Master Consciousness, MY particular service **-yours** for the asking.

◆

Beloved Jesus' Suggestion

BELOVED PRESENCE OF GOD "I AM" IN ME AND ALL MANKIND, Beloved Ascended JESUS, the Christ, The ELOHIM OF PEACE, Beloved TRANQUILITY - and Beloved ARCHANGEL URIEL - draw out of the hearts and feelings of ALL MANKIND their inner desire for Peace, and let it act as a balance to take away all destructive use of the atom bomb and all destructive activities, and see the Earth never again has war! THERE SHALL BE PEACE (3) now manifest and forever sustained! BELOVED "I AM" (3).

DEVELOP SELF-LUMINOSITY!

An Address by the Ascended Master El Morya

BELOVED Ladies and Gentlemen, members of the Great White Brotherhood, I greet you in the name of all Life and Light, which you have sworn to serve. This Cause has been dear to My heart for many centuries and is now shared with you, but a Cause is not enough - it must become an effect in order for it to be a manifest blessing to Life. In the Realm of Causation, which it is Our privilege and honor to represent, the First Realm, where the divine ideas of the universal are born, We draw from the Universal First Cause that which is known as the Will of God.

To describe the Will of God to the finite mind would be like describing the galaxies of the heavens to a child of eighteen months. Each and every One Who represent the Spiritual Hierarchy and the Great White Brotherhood, and Who are the God-free Members of this August Body, have taken upon Themselves the personal obligation and responsibility of nurturing, developing and maturing some portion of that Divine Will, and the causative centered, magnetized, into their consciousness must be nourished, developed and externalized upon whatever plane is to be benefitted by the expansion of God's Will.

A Cause must have an Effect

You presently function in the physical appearance world. This physical plane is that which We are dealing with primarily in an endeavor to raise the vibratory action of the Earth and Its evolutions to their God estate. I have accepted from the universal First Cause, this Cause, which is part of God's Will, which was to release Sanat Kumara and every guardian spirit, every angelic being, every Deva, every force of nature and every Director of those beings who have voluntarily exiled themselves from their own evolution to keep a permanent place in the Solar System for this planet.

Now that is very fine - it is very praiseworthy to dedicate oneself thus,- but a Cause is not enough. A Cause must become an effect through the consciousness of beings who dwell within the realm to be benefitted and a Cause becomes an effect by the **clothing** of the vision, the ideal, the pattern, the plan, within the mind of the one who holds the vision; through the energies of voluntary lifestreams stirred from their slumbers, shaken from their lethargies, and with a burning zeal and enthusiasm of their own life, putting into action those practical activities which further that Cause in the world of form, in Our case.

You are such people to whom I have entrusted My Cause! You are today its ultimate effect! You will be tomorrow a far greater effect and in turn, you become causative centers when you transfer into the consciousness of any man, woman or child, through the written word, the spoken word, or whatever medium of radiation that you have developed to a point where it can impress the outer consciousness with something of what We are endeavoring to do in this great Cosmic push!

You will stand where I stand now

I have endeavored to draw forth a "bridge" of energy from the Ascended Masters' Realm through which your outer consciousness might be made aware of the **current endeavors** of the Ascended Masters, the Angelic Host, the Spiritual Hierarchy and All Who are working to forward God's Will with regard to your planet. This **bridge of energy** has been anchored into your consciousness, your mental and feeling worlds, your etheric bodies and your flesh with all the power of persuasion which Each of Us Who have come to you can put behind the energy of Our Life. The capacity of your consciousness to reach out and grasp that vision and that call; the capacity of your mind to see what it would mean to have the entire human race aware of the Elder Brothers and Sisters and willing to abide within the instruction given by

Them; your capacity to conceive of the possibilities of that, will determine to a measure the enthusiasm and zeal of your feeling world as well as the cooperation of your flesh form in becoming Ourselves incarnate.

We speak to the outer mind through the veil of maya. We speak to your hearts through feelings. We are not the first Men and Women Who have endeavored to present a cause of merit to the lethargic consciousness of mankind, and We will not be the last. YOU will follow Us! One day **you** will stand where I stand, in a body of electronic light, and you will have only as a BRIDGE in the world of form, the voluntary energies of some unascended, confused outer beings, who may or may not respond according to the pressure of daily life. Then alone will you realize My position!

It is only when the child is grown to become the parent he can realize the love and solicitude, the tenderness and the experience which as a child he looked upon in his own parents as foolish. As you grow to spiritual manhood and womanhood you will come to an understanding of what it is to try to reach some three and a half billions of people through a handful of earnest souls - oh yes, earnest true, and willing.

Why The Bridge Activity was founded

While you were singing about forswearing Nirvana, I have often wondered at the fork of that road why I took the turn I did, and yet it is just like yourselves in the quietude and harmony of your own rooms, you wonder why you have taken upon yourselves the obligation that seems to bring so little of fruits of gratitude and thanksgiving; yet were any one of you to be given opportunity to take your hand from the plow, I think there is not one who would relinquish it - but you will plow that furrow through to the end and then the seed will be planted and the harvest will be grown - **because of you** the Pioneers of Life.

Blessed friends of life and light eternal, how can I describe to you the Earth with millions and millions of years of living upon

Her. You have drawn from Her bosom the substance that has clothed your bodies and nourished and sustained them. You have bathed in her blue lakes and refreshed yourself by the waters of her spring. You have found new hope in the rising Sun, aspiration in the fingers of the mountains pointing heavenward and peace in the green meadows. **EARTH** - ah, so sweet, so long suffering, so patient! Even when decayed, your bodies were placed beneath Her surface -never a murmur but willing to build for you a new body. Earth so sweet! Where you have heard the song of the birds, the voice of friendship; where you have seen the imprints in the shining sands of time of the Immortal **Eearth** - would you anyone relinquish Her to nothing with all the memories, Her great Temples, Her shining pyramids, Her beautiful lakes, oceans and planes!

Ah, no, there is not one among you who would not pass through any privation to sustain another Earth in its solar system. So felt Beloved Sanat Kumara Who did not even know the sweetness or the very pains that make for maturity; and so has been formed and sustained the Great White Brotherhood, and so has been formed a New Endeavor to make a Cause a **manifest effect** in the world of form.

I believe in your capacity

I am a persevering gentlemen. I warn you of that in all Our association. I believe in the capacity to follow through and when you have said you are My Friend, and when you have shared My cause, I shall remind you, as often as is required - until that Cause has an effect. And what is that effect? **A self-luminous planet!** A planet that shines like the Sun at noonday, and that planet is made up of individuals whose light bodies are self-luminous even as the self-luminous body of an Ascended being is made up of the electrons that makes for that luminosity. LET YOUR LIGHT SHINE! DEVELOP SELF-LUMINOSITY and let that Light then be the aura of this Earth until the Karmic Board Itself may say: "It is enough. Already the Earth shines, already Her song joins the music of the spheres, already Her people have completed a task too long left undone."

TIME! Everyone wants TIME to do things. NOW! NOW let us do them, this instant! Procrastination has caused the sinking of more continents, the destroying of more Golden Ages, the delay of more victories in the eternal **tomorrow.** The average man does not begin to set his soul in orden until he is on the brink of the grave. Procrastinating - enjoying the senses, putting off until tomorrow, which never comes, THAT WHICH CAN BE DONE TODAY! If you can be self-luminous in a hundred years - YOU CAN BE SELF-LUMINOUS NOW - NOW!

Where the center of power is in you

I want to speak to you upon a subject which perhaps is not clear. At the throat is the chakra center of power, as you know. Your power is released through the spoken word and that power is drawn from your Causal Body. The Causal Body with all the colors that are within It can be focused through the center of power in the throat and in the spoken word and decrees it can go forth to fulfillment as the individual's inner bodies come into alignment. **At the moment of realization** when your seven bodies are completely aligned; when your Electronic Body, your Causal Body, your Holy Christ Self, your Emotional, Mental, Etheric and Physical bodies come to that point of spiritual illumination and realization - THAT MOMENT - **ONE SPOKEN WORD** is all that is required for manifestation and precipitation to occur. All the power in your Causal Body flowing through that word brings manifestation. Jesus manifested that in the drawing of the precipitation through the fishes' mouth and in every fiat which He gave for healing and for resuscitation even of bodies that passed through so-called death. Then what is the purpose of repetition which is the basis of Saint Germain's activity in the decree pattern? It is based upon the fact that you have used in millions of years so much energy through the spoken word and beaten that into your emotional, mental and

etheric bodies that you have solidified qualities of a negative and destructive nature within them, such as doubt, fear, rebellion, dis-illusionment, etc.

The efficacy of your decrees

To requalify the energy in your physical bodies and your etheric, mental and emotional bodies, you must begin to release a balance of energy which will blaze into them and shatter those patterns that you set up, mostly through the use of the spoken word and physical action. The efficacy of your decrees is not only in that which goes out into the ethers but that which is CHARGED and CHARGED into your etheric bodies which brings a positive alignment and control of your entire consciousness in the acceptance of the affirmation of faith and positive assurance.

When you have said for centuries, "I am helpless, I am sick, I am distressed", you have built into this etheric garment, into that which the world calls the sub-conscious, certain deep grooves of energy. You have set that body into action. It is a consciousness which has accepted that which you have decreed for yourself for millions of years. You have done the same thing with your emotional body and your mental body through the use of Life. **ONE AFFIRMATION FROM YOUR LIPS is not** going to convince these conscious vehicles that you have completely changed your centuries of living. You are going to have to DRIVE INTO THEM a POSITIVE radiation which will in time shatter and transmute the patterns of your past, and put in its place the patterns of perfection for the future.

You can say to the flood "STOP!", and it will stop

The activity of the Ascended Master Saint Germain is to **drive that energy into** yourself, for your mental body is so little of your entire being. When all of your vehicles respond and your mental, etheric and emotional bodies will cooperate with

the physical, then one day you can say, "I AM" FREE" and that moment you will be! You might have to keep on saying it for a long time before you have the full cooperation of all these vehicles; on the other hand, you may be one whose inner bodies are very positively charged and at the very first call you have a manifestation. I don't have to tell you in the use of the words and fiats of life whether you are having manifestations or not - YOU KNOW! If you are NOT' it is because some place back in that realm of the inner vehicles you have a momentum of doubt. There is no fooling with this law. When you come to a point of REALIZATION - THEN - you are Master! Then in **one word** you can say to the flood "STOP"! You can say to the great earthquakes, "CEASE". You can say to volcanic eruptions, "BE STILL" **and it will be done!** But you cannot work with some of your bodies out of gear any more than you can drive your car with one wheel - you would have a very bumpy trip I assure you.

Beloved Helios' Fiat

BELOVED PRESENCE OF GOD "I AM" IN ME, my Holy Christ Self and that of all mankind; by the magnetic power of the Sacred Fire vested in us; in the Name and by the Power and in the full Cosmic Authority of the GODHEAD which Beloved Helios IS - we speak HIS WORDS to our Earth and Its humanity:

THERE SHALL NOT BE WAR (3)
HELIOS HAS SPOKEN AND SO BE IT!
BELOVED "I AM" (3)
I NOW COMMAND (3)
BY ALL OF HELIOS' COSMIC POWER (3)
BY ALL THE SEVEN ELOHIM'S COSMIC POYER (2)
BY ALL THE CENTRAL SUNS COSMIC POWER (3)
WE ACCEPT IT DONE THIS HOUR (3)